



WHAT'S ON NEXT WEEK:

Tuesday

- Queens Park drop-in

Wednesday

- Quinta Trip, 17th – 19th June

Another Big Week of Exams

It has been another busy week as exams continued across the school. Students are showing real resilience, focus and determination. A special mention goes to our Y11 students for all their hard work over the past few years. We are already looking forward to the Y11 Leavers' Assembly on Tuesday 23rd June.

Exams are still ongoing for our Y7, Y8 and Y10 students. We wish them the very best as they keep going.

Quinta Residential – Y8

The weather is looking favourable and coaches have been booked for our much-anticipated Y8 Quinta residential! This is always a highlight of the year, offering students a fantastic opportunity to build confidence, develop teamwork skills and create lasting memories. We wish all students attending a wonderful time – enjoy every moment!

Principal's Award Breakfast



Congratulations to the students who were nominated for the Principal's Award this week. It was a pleasure to welcome them to a special breakfast, where they joined me in recognising their hard work, positive attitude and contributions to school life. They should be incredibly proud of their achievements – very well done!



Y7 Girls' Rugby Success

HUGE Congratulations to our Y7 girls' rugby team who won the Town Cup Final against Hope yesterday with a 30–20 victory. We are all incredibly proud of you all! Very well done!

Queens Park drop-in

On Tuesday, we were pleased to host Queens Park parents for a drop-in session as part of preparing for Transition Week. It was wonderful to see such enthusiasm and aspiration from these Y6 students as they look ahead to becoming successful Cowleians. We are hosting another drop-in next Tuesday.

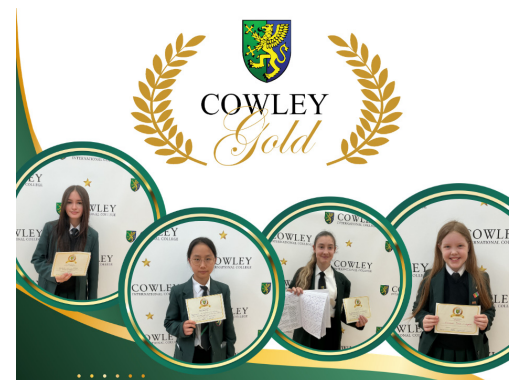
Behaviour Review Highlights Positive Progress at Cowley

Today, we welcomed colleagues from other schools and the Local Authority for a Behaviour Review. It was fantastic to showcase the improvements we have made, and they were incredibly impressed with the progress and positive culture evident across the school. These comments mirrored those highlighted by Ofsted in their recent report.

Attendance Push to the Finish Line!

We are continuing our drive for strong attendance right through to the final day of term. Every day in school counts!

A reminder to our Y7 students about the Summer Attendance Premier League—well done to Meredith Wanderers who came out on top last week. There is still everything to play for, with good team attendance earning vital points.



Cowley Gold

Congratulations to the students who were nominated for Cowley Gold for producing an outstanding piece of work!

Wonderful visit from former student



We were delighted to welcome back former student Mervyn Saunders on Wednesday—complete with his original school tie, still in its final-day knot! He'll return in September to share the inspiring story of George Groves, a pioneering Cowleian whose journey took him to Hollywood!



WATER SAFETY ADVICE

As the weather warms up, many families will be spending more time near water – whether at the coast, rivers, lakes, or canals. While this can be a great way to enjoy the outdoors, it's important to remember that water can be unpredictable and dangerous. It's important that everyone is aware of a [few simple steps to stay safe](#):

- Know the risks – conditions can change quickly, and it's easier than you might think to get into difficulty in open water.
- Always supervise children and young people closely around water – even if they can swim.
- Avoid jumping into unknown water – there may be hidden hazards, and sudden entry can lead to cold water shock.
- Teach children what to do if they get into trouble: Float to Live – tilt your head back, keep your ears submerged, relax and gently move your hands and feet to stay afloat while you control your breathing.
- Know how to call for help – in an emergency, **dial 999 or 112 and ask for the Coastguard.**

Further information and resources

Parents, carers, colleges, and schools can find more guidance and free resources from the RNLI and Merseyside Fire and Rescue Service:

- Water safety advice and guidance: <https://rnli.org/safety>
- Float to Live advice: <https://rnli.org/safety/float>
- Education and teaching resources for children and young people: <https://rnli.org/youth-education>
- Merseyside Fire and Rescue Service water safety advice: [Water Safety | Merseyside Fire & Rescue Service](#)

Talking to children about water safety before visiting any location near water can make a vital difference.

Raising awareness of water safety helps keep everyone safe and could save lives.





COWLEY
INTERNATIONAL COLLEGE



SEND drop in and tour



For
parents/carers of
Y6 students who
will be attending
Cowley from
September

DROP IN
ANY
FRIDAY
2:00pm



NO BOOKING REQUIRED!
Simply drop in at the 11-16 Reception desk, 2:00pm
any Friday throughout the summer term

Neurodevelopment pathway drop ins



Mersey Care
NHS Foundation Trust

Come along to one of our drop in sessions in St Helens.

Our team will answer questions you have about the neurodevelopment pathway process.

You don't need to be using our service, you can drop in if you have any questions to ask about this.

We look forward to meeting you.

Tuesdays at Parr Children's Centre and Central Link Family Hub

See details and times below

13 January at Parr Children's Centre, 9am to 12 noon.

10 March at Parr Children's Centre, 9am to 12 noon.

12 May at Parr Children's Centre, 9am to 12 noon.

27 January at Central Link Family Hub, 1pm to 4pm.

24 March at Central Link Family Hub, 1pm to 4pm.

26 May at Central Link Family Hub, 1pm to 4pm.

10 February at Parr Children's Centre, 9am to 12 noon.

14 April at Parr Children's Centre, 9am to 12 noon.

9 June at Parr Children's Centre, 9am to 12 noon.

24 February at Central Link Family Hub, 1pm to 4pm.

28 April at Central Link Family Hub, 1pm to 4pm.

23 June at Central Link Family Hub, 1pm to 4pm.

We work with children and young people with complex neurodevelopmental difficulties, who need an assessment to gain a better understanding of their needs.

Parr Children's Centre, Ashtons Green Drive, St Helens, WA9 2AP

Central Link Family Hub, Westfield Street, (off Peter Street), St Helens, WA10 1QF

If you need more information you can contact us on **01744 415 608** or email: mcn-tr.sthelensneuropathway@nhs.net



Autism Learning Programme

Tweens and Teens

for parents and carers in St Helens

ADDvanced Solutions Community Network



ADDvanced Solutions
Community Network
Supporting you to find the answers

The Autism Learning Programme has been designed to support and empower parents and carers to understand how autism is experienced by young people aged 11-18 and to provide guidance and strategies to enable you to meet your own young person's individual needs as they navigate high school, puberty and increased social expectations.

ADDvanced Solutions Community Network is commissioned to deliver this programme for St Helens parents and carers whose young person has received a diagnosis of autism, but subject to availability, places will also be offered to those who are waiting for a diagnosis.

- Exploring Autism, diagnosis & presentations
- Unique thought processes
- Sensory Processing Difficulties
- Communication, Social Interaction and relationships
- Eating and Sleeping difficulties
- Anxiety, Stress and understanding behaviours
- Meltdowns and Shutdowns
- Building independence skills



**across 3 Wednesdays at The Beacon
College St, Saint Helens WA10**

Session 1 & 2: Wednesday 3rd June - 9.30am - 2.30pm
Session 3 & 4: Wednesday 10th June - 9.30am - 2.30pm
Session 5 & 6: Wednesday 17th June - 9.30am - 2.30pm

Places are free but booking is essential
**email: info@advancedsolutions.co.uk or
call [01744 582172](tel:01744582172) to book your place**

*we also run the Autism Learning Programme for parents and carers
of preschool and primary aged children - dates released soon.*

for more information about our full offer **[visit our website](#)**



ADDvanced Solutions Community Network

is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. We are commissioned and funded by NHS Cheshire and Merseyside.



Mersey Care
NHS Foundation Trust