



We return to school on Monday 1st June.

THE EXCITING THINGS HAPPENING NEXT HALF TERM:

Y8 Quinta Residential, Y9 trip to China, Y10 Sixth Form taster days, Sports Day and of course the Y6 Transition week.

Exams in Focus

It has been a big week for exams, and once again I am incredibly impressed with the maturity, commitment, and academic aspiration shown by our students.

As we look ahead to next week's half term, I would encourage students to see this not only as a chance to rest, but also as an important opportunity for continued revision. Remember: revise, rest, repeat—finding the right balance will make all the difference.

A reminder that our revision programme will continue over half term, with a range of classes available to support students. The timetable can be found within this newsletter.

Principal's Awards Celebration



Congratulations to the students who were put forward for the Principal's Award this week. Nominated by their Year Teams, these students have been recognised for consistently going above and beyond in their efforts, attitude and contribution to school life.

It was a pleasure to celebrate their achievements—well done to each and every one of you!

Y10 Trip to Paris



Our Y10 students departed on Wednesday for their exciting trip to Paris, and we're delighted to report that they are having a fantastic time. From visiting iconic landmarks to enjoying rich cultural experiences, the trip has provided a wonderful opportunity for students to learn, bond, and create lasting memories together.

From the photos shared so far, it's clear that everyone is making the most of this incredible experience and thoroughly enjoying their time in the French capital! More photos on next page.

Visit to Parish Primary School

On Monday, I had the pleasure of visiting Parish CE Primary School, where I met with Mr Hardy and enjoyed a warm welcome—what a lovely school it is! It is always a pleasure to spend time with our feeder primary schools and to recognise the incredible work they do.

During my visit, we had a productive discussion about transition plans for Y6 and explored how Cowley and Parish can continue to work closely in partnership. I was also given a brief tour of the school and had the opportunity to meet some of the Y6 students - our future Cowleians.

Their enthusiasm and excitement about starting Cowley was wonderful to see. We very much look forward to welcoming them and can't wait for them to join us.

Student Spotlight



Earlier this week, Y9 student Reece had the fantastic opportunity to meet Jackson Hastings, a St Helens Rugby League player.

Jackson shared valuable advice and insight to support Reece in his ambition to play rugby professionally, as well as encouragement to help him continue to achieve at Cowley. It was an inspiring experience, and we are incredibly proud of Reece for making the most of this opportunity.

This is another excellent example of our strong and ongoing partnership with St Helens Rugby League Club, creating meaningful opportunities for our students to learn from top professionals.

Rugby League Success for Cowley Girls

Huge congratulations to three outstanding Cowley students who have been selected for the 2026 Rugby Football League Girls Talent Hubs—a fantastic six-week development programme designed to identify future stars of Rugby League.

North West U15s: Amber and Isabelle
North West U16s: Georgia

This is a remarkable achievement and a true reflection of your hard work, dedication, and talent. You are all superstars, and this is just the beginning of an exciting journey. We are incredibly proud of you all!

Stay safe

With the weather looking warm for next week, can we please ask all parents to continue the conversation with their children about being safe around water.



Year 10 Trip to Paris





Year 10 Trip to Paris





COWLEY
INTERNATIONAL COLLEGE



SEND drop in and tour



For
parents/carers of
Y6 students who
will be attending
Cowley from
September

DROP IN
ANY
FRIDAY
2:00pm



NO BOOKING REQUIRED!
Simply drop in at the 11-16 Reception desk, 2:00pm
any Friday throughout the summer term

FORMER STUDENTS

We'd love you to come back!

Your experience can inspire the next generation.



SHARE YOUR JOURNEY.
MAKE A REAL DIFFERENCE.

We are inviting former students to visit college and **deliver a talk** to our current students.



DATE:

Monday 22nd June 2026
9:00am-1:00pm



CHOOSE FROM ONE OF THE FOLLOWING TOPICS:



BENEFITS OF UNIVERSITY



DEGREE APPRENTICESHIPS



PREPARING FOR OPEN DAYS



STUDENT ACCOMMODATION



STUDENT FINANCE



STUDENT LIFE



UCAS APPLICATIONS



MENTAL HEALTH & WELLBEING AT UNIVERSITY



FRESHERS WEEK EXPLAINED



HOW TO CHOOSE THE RIGHT UNIVERSITY FOR YOU



YOUR STORY. THEIR FUTURE.

Your advice and experiences can help our students feel informed, inspired and ready for what's next.

Inspire.
Support.
Give back.



INTERESTED?

WE'D LOVE TO HEAR FROM YOU!



Email:
CowleyCareers@cowleysthelens.org.uk



Or call:
01744 678 030

Thank you!



YOUR JOURNEY CAN HELP SHAPE THEIRS.

Autism Learning Programme

Tweens and Teens

for parents and carers in St Helens

ADDvanced Solutions Community Network



ADDvanced Solutions
Community Network
Supporting you to find the answers

The Autism Learning Programme has been designed to support and empower parents and carers to understand how autism is experienced by young people aged 11-18 and to provide guidance and strategies to enable you to meet your own young person's individual needs as they navigate high school, puberty and increased social expectations.

ADDvanced Solutions Community Network is commissioned to deliver this programme for St Helens parents and carers whose young person has received a diagnosis of autism, but subject to availability, places will also be offered to those who are waiting for a diagnosis.

- Exploring Autism, diagnosis & presentations
- Unique thought processes
- Sensory Processing Difficulties
- Communication, Social Interaction and relationships
- Eating and Sleeping difficulties
- Anxiety, Stress and understanding behaviours
- Meltdowns and Shutdowns
- Building independence skills



**across 3 Wednesdays at The Beacon
College St, Saint Helens WA10**

Session 1 & 2: Wednesday 3rd June - 9.30am - 2.30pm

Session 3 & 4: Wednesday 10th June - 9.30am - 2.30pm

Session 5 & 6: Wednesday 17th June - 9.30am - 2.30pm

Places are free but booking is essential
**email: info@advancedsolutions.co.uk or
call [01744 582172](tel:01744582172) to book your place**

*we also run the Autism Learning Programme for parents and carers
of preschool and primary aged children - dates released soon.*

for more information about our full offer **[visit our website](#)**



ADDvanced Solutions Community Network

is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. We are commissioned and funded by NHS Cheshire and Merseyside.



Mersey Care
NHS Foundation Trust

YEAR 11 - MAY HALF TERM MASTERCLASSES

| Tuesday 26 th May | Wednesday 27 th May | Thursday 28 th May |
|---|---|--|
| RS (Paper 3-Islam) 9:00 -10:30am M22 Miss Eiffe Harvey | English Language (Paper 2) 10:00am - 12:30pm Mrs Storch | History 10:00am - 12:00pm M19 Mr Hunt |
| German Writing Paper Practice 10:00am -12:30pm M17 Miss Mitchell | | Separate Science Physics 10:00am - 2:00pm E6 Mr Painter |
| German Higher Writing Paper Practise 10:30am -12:00pm M11 Mrs Vickers | | |