

WHAT'S ON NEXT WEEK

Wednesday, 11th March
Y12 MFL Trip, Manchester Uni

Thursday, 12th March
Cowley Gold
Stuttgart Visitors
Sixth Form Admission Evening

This week has been fantastic here at Cowley, and I am delighted to share a few highlights with you.

Earlier this week I received the names of the new Cowleians who will be joining Year 7 in September 2026. Once again, Cowley remains oversubscribed and I am incredibly grateful that so many parents continue to place their trust in us to educate, care for and support their children as they learn, grow and achieve throughout their secondary school journey. I am very much looking forward to meeting our new Cowleians and welcoming them and their families to the school during our transition events this summer.

On Monday, we were pleased to welcome Sarah Platt, the LA Interim Assistant Director of Children's Services, along with other visitors to Cowley. It is always a pleasure to show guests around the school, and they are consistently impressed by our students — particularly their politeness, excellent behaviour and the calm, purposeful atmosphere around the site. Visitors also frequently comment on the positive relationships between staff and students and the strong systems that help our school run so smoothly. Moments like these are a wonderful reminder of what a special community Cowley is.

A particular highlight this week was World Book Day. It was fantastic to see so many students embracing the spirit of the day and making such a great effort with their costumes. Photos on pages 2-4.

Rewards Breakfast



Congratulations to the students who were put forward for the Principal's Award this week.

Sixth Form Recruitment Evening



Wednesday evening was another busy event as Year 11 students continue their admissions interviews for a place at Cowley Sixth Form. Year 12, in September, is set to be another strong cohort as Cowley Sixth Form continues to grow.

While our numbers are increasing, we are committed to ensuring that our Sixth Form never becomes too large. A key part of what makes Cowley Sixth Form special is the strong sense of community we maintain. We pride ourselves on knowing every student as an individual, because positive relationships are at the heart of a successful education.

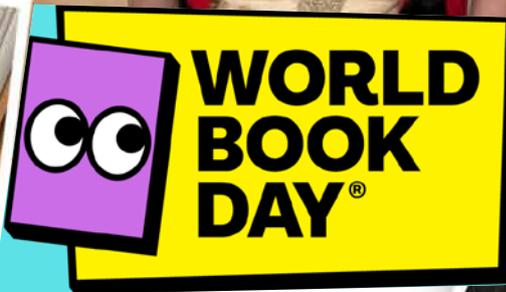
Mental Health workshops delivered by Rugby legend

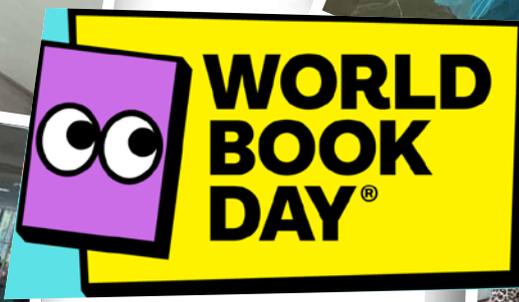


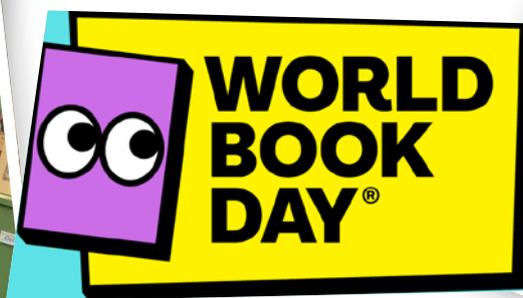
Rugby league charity, Rugby League Cares, visited Cowley this week to deliver a series of mental health workshops to several year groups.

Former Leeds and Great Britain Test forward, Adrian Morley, spoke to students about resilience, discipline and dealing with pressure, while Keith Senior shared his experiences of professional sport and the importance of looking after your wellbeing. Declan Gregory also led engaging sessions focused on mental fitness and supporting others.

The workshops were a fantastic opportunity for students to learn more about wellbeing and resilience. Read more about Rugby League Cares here:
<https://rugbyleaguecares.org/>







SPORTS

NEWS



Rugby

Last Saturday, I had the pleasure of watching our Rugby Team play Trafford Select teams. It was well attended by parents and I thank you for your support. The team played extremely well (they should have won!). The skill and dedication was a joy to see.

Football

On Tuesday, some of our Year 7 superstars took part in the Ruskin Football Festival against Rainford and De La Salle.

Cowley's A team had a tough start against a strong De La Salle side, but quickly bounced back with an impressive 3-0 win over Rainford, followed by a 4-0 victory against Rainford's second team. In their final match against De La Salle's second team, the lads reminded everyone why they're in the final with a dominant 5-0 win.

Cowley B also put in a fantastic performance, with convincing wins in every match of the evening.

The attitude and commitment from everyone was outstanding.

Very well done to all our sports teams who have played this week!

St Helens 10K 2026

Huge congratulations to former student, Lucy Fairclough, who was the fastest female in the St Helens 10K race on Sunday 1st March, clocking an impressive time of 36m. 45s.

**WE'RE SUPPORTING
NATIONAL CAREERS WEEK 2026.**

#NCW2026

2ND - 7TH MARCH 2026



COWLEY
SIXTH FORM COLLEGE

Year 11



**Don't forget to book your
Admissions Interviews**

4th, 12th & 16th March

DEVELOPING LIFE READY LEARNERS

A link to book an admissions interview has been sent via email to all those who have applied. If you have applied and have not yet received this email to book an interview, please email: admissions@cowleysthelens.org.uk