



THE BIG SCHOOL CLEAN UP



In a passionate push for sustainability, members of Cowley's Eco-Committee participated in the nationwide Big School Clean. Armed with litter pickers and bin bags, our students spent an hour cleaning up the local neighbourhood and their efforts were both impressive and eye-opening.

In just 60 minutes, students collected 10 full bags of litter from an area within a 10-minute walk of the school. The activity highlighted the severity of local waste issues, with students even discovering instances of fly-tipping.

The initiative, while productive,

served as a stark reminder of the environmental challenges facing the community. In response, Eco-Committee members are planning to raise awareness through the school's social media platforms and are preparing to write to local MPs and councillors to share their findings and advocate for change.

Want to do your part for the environment?
For those looking to reduce their own environmental impact, the Eco-Committee recommends exploring sustainable living practices. A great place to start is this online guide: <https://onetreeplanted.org/blogs/stories/help-the-environment>

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COWLEY

SIXTH FORM COLLEGE

MEET OUR HEAD BOY AND HEAD GIRL

2024 - 2025



"At Cowley Sixth Form, everyone strives for you to be your best and will go above and beyond to give you every opportunity to do so.

"The opportunities to better yourself, both inside and outside the classroom, are endless and every single staff member wants to make sure that you succeed at everything you do.

"It has remained the fantastic learning environment that drew me towards it in the first place."

Daniel
Head Boy



"I chose Cowley Sixth Form because of the small class sizes, as I feel that the subject teachers can take time to make sure all students are reaching their full potential.

"I also think there is a great support system of staff, so I am comfortable to voice any concerns.

"The opportunities they provide here are great ways for students to grow as individuals, teaching us skills to utilise in our future."

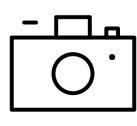
Abigail
Head Girl



11-16 Head Boy, Head Girl & Deputies

Principal's Award

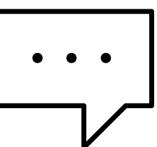
Each week, two students from each year group are nominated by their Head of Achievement to receive the Principal's Award. This award recognises and rewards students who have gone above and beyond to really set themselves apart. Here is a selection of photos from some of our most recent winners.



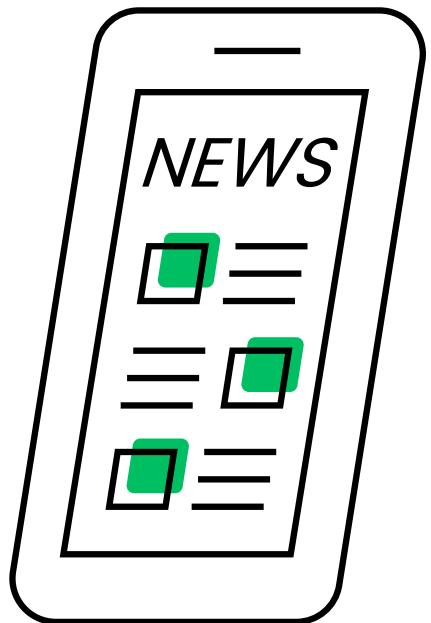
ENRICHMENT

We are incredibly proud of the huge number of extracurricular activities that are available to students here at Cowley.

[View Timetable](#)



News in brief



RECENT NEWS AND EVENTS

Bronze Accolade



A number of Y7 students have been working towards and achieving the Bronze Accolade as part of their Cowley Experience.

The students are required to provide evidence that they have gone above and beyond the normal high standards at school and at home to achieve the criteria points.

Achieving this accolade is no small feat with only a handful of students reaching this milestone to date. These students stand out as shining examples of what can be accomplished when you work hard and put your mind to something.

We are incredibly proud of your achievements, very well done.

Y7/8 Football Finalists



The Y7/8 girls' football team proudly represented Cowley in the St Helens Town Cup Final against a very strong De La Salle side, finishing as runners up.

The girls played with great heart, skill and determination, showing just how far they've come as a team.

Their performance was a true credit to the school, they never gave up and showed true Cowleian values. Well done, girls!

Bronze medal for boys hockey stars



Our U14 boys' hockey team put in a fantastic performance at the North West State Schools Tournament, hosted at Lytham St Anne's High School.

Throughout the day, the team showed noticeable improvement with every game, displaying determination, skill, and real passion for the sport.

The boys represented Cowley with pride, respect, and a positive attitude throughout the tournament.

Their hard work paid off as they secured third place overall and brought home bronze medals! Well done to the whole team, we're incredibly proud of you!

Y8/9 girls rugby national semi-finalists



Well done to the Y8/9 girls' rugby team who competed in the National Schools Cup Festival in Leeds.

The girls beat Glantaf School before a narrow defeat to Archbishop Sentamu in their group games.

Their results meant they progressed into the semi-finals where they came up against a strong Bedford team who picked up a marginal victory.

Nevertheless, the girls represented the college magnificently and to finish in the top 4 school teams in the country is a fantastic achievement!

Cricket debut



The first cricket match of the year took place this half term away at St Mary's in Crosby.

After months of hard training, the lads took to the field with determination and put up a strong fight, scoring their highest run total to date, although it wasn't quite enough for a victory. Regardless, they did themselves and the college proud.

Y10 rugby team reach National Cup semi-finals!



Congratulations to our Y10 boys rugby team who have made it through to the National Cup semi-finals!

This is an amazing achievement and was very well deserved after they played a fantastic game, winning their quarter final 28-12 and scoring some terrific tries.

Well done, lads!

Y9/10 girls rugby team win Town Cup again!



Congratulations to our Y9/10 girls rugby team who became Town Cup champions for the second year in a row after beating Sutton Academy 52-10 at the Saints Stadium.

The girls played so well, working hard from the 1st minute until the last and scoring some brilliant tries, proudly lifting the trophy again in front of lots of spectators inside the stadium.

We're very proud of you, girls!

Y11 boys rugby Town Cup champions



Well done to the Y11 boys rugby team who became Town Cup champions with a comprehensive victory over De La Salle at the Saints Stadium.

After a tight first half, the boys dominated the second half to win 54-10 with a performance fitting for the home of Saints.

They scored some fantastic tries and demonstrated great team work, determination and skill to get over the line and lift the trophy.

We're extremely proud of you, boys!

Soundwaves Music Festival

A group of Y13 students, who are studying BTEC Music Performance at Cowley Sixth Form College, this term came together to organise Soundwaves, a live music festival celebrating the amazing talents of young vocalists and student bands from across St Helens.

The event was organised and promoted entirely by the students themselves, creating posters, social media accounts and posts while also writing a press release which was published in the St Helens Star in the lead up to the gig.

Soundwaves gave the opportunity for all the students on the course to perform live in front of an audience, while they also arranged for other young local talent to perform on the night including a band from Winstanley College, The Streetlights from Manchester, Van Houten, Ceramic Pigs and All But One.

It was a great evening of live music with a wide range of musical genres featured. Well done to everyone involved.

New Sixth Form Magazine

The newly formed Student Union at Cowley Sixth Form has brought the idea of a bi-weekly newsletter/magazine to provide students with regular updates and information about what is happening in and around the college.

The name of the magazine, the Sixth Informer, was given by representatives of the Student Union and includes key information such as exam dates, upcoming events, news stories and careers and wellbeing information.

Students will read the magazine during their Tutorial period while it will also be sent to parents and carers and shared on the college social media pages and website.

Cowley Unplugged

Cowley Sixth Form College students are producing a podcast called 'Cowley Unplugged'.

The podcast is an outlet to enable the students to share some stories about their time at the college, with episodes so far including some study tips, information on applying to universities, a Q&A and some insight into life as a student at Cowley Sixth Form.

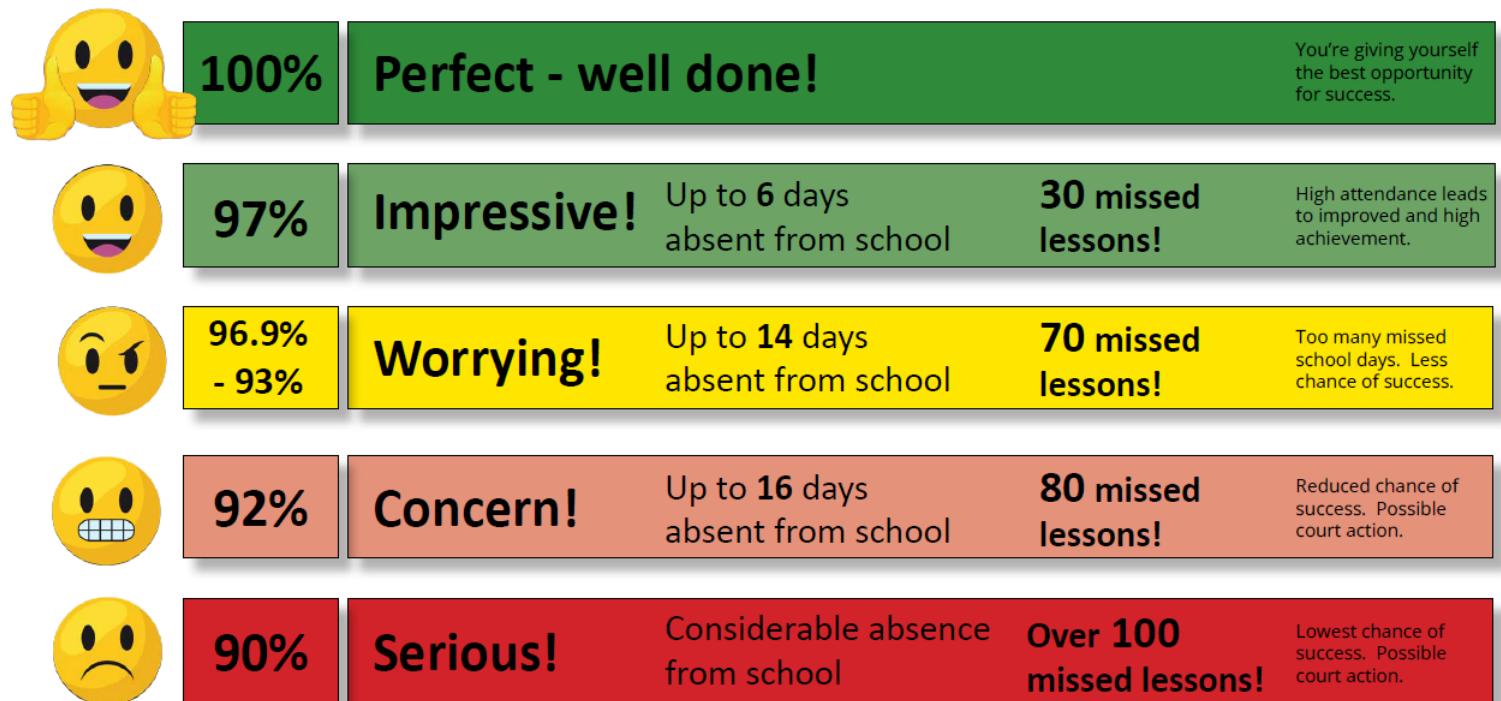
New episodes are due to be released in the summer term, so please take a look and follow Cowley Unplugged on Spotify, Apple Podcasts or Amazon Music so you can have a listen and keep up with new episodes when they are published.

Merton Bank performance

Well done to two of our Y13 Performing Arts students who recently attended the Merton Bank Excellence Awards (MBE) at Merton Bank Primary School.

Both students delivered solo performances which were enjoyed by the young audience, followed by a group performance of 'Let It Go' with the Merton Bank children joining in. They did a fantastic job, well done girls!

What is your attendance?



WHY IS GOOD ATTENDANCE IMPORTANT?

We place great emphasis on excellent attendance. To be successful at school and to take advantage of all the amazing opportunities and enrichment that the school can offer, your child should aim for 100% attendance.

In order to support your child in achieving 100% attendance, we request that whenever possible, medical appointments are made outside of the school day, as losing time during the school day will impact upon their overall attendance figure and also hinder their progress.

Attendance to school is vital in achieving true potential. 1/2 a missed day per week equates to one grade lower at GCSE across all subjects –this is a proven fact.



It can be tricky deciding whether or not to keep your child off school, when they're unwell.

[Take a look at the advice from the NHS here.](#)

If your child is refusing to attend school, this is known as 'school refusal' or 'school phobia' and is often caused by fear and anxious feelings.

Take a read of our 2-page document about school refusal and some advice for parents/ carers, plus the support that we, and external agencies, can offer.

[Open Document](#)

