

KEY EVENTS NEXT WEEK

National Apprenticeship Week

Monday 9th February
Sixth Form Admission Evening

Tuesday 10th February
Y8 Engineering Trip, Hope Academy

Thursday 12th February
Y7 Mandarin Trip, Manchester University

This week has been a particularly busy one at Cowley, with a great deal going on across the school. We have welcomed many visitors from the Department for Education, other schools and our Local Authority. It is always a pleasure to show our brilliant school to others. Every single visitor commented on how smart, polite and well-behaved our students are, how focused learning is in lessons, how calm the school feels and, most importantly, on the strong and positive culture we have here.

We can sometimes all live in our own bubble, so it is wonderful to have these opportunities to be reminded just how special Cowley is and how fortunate we are to be part of such an amazing community.

Alongside this, Y10 students have been out on work experience, representing the school superbly, and some Y7 students enjoyed celebrating Les fêtes de la Chandeleur in a lesson (see next page for photos). These experiences add to what has been a very full and rewarding week for everyone.

We now push through to half term, finishing for a well-earned break next Thursday. Let's finish strong with students attending every day.

Principal's Award



Huge congratulations to all students put forward for the Principal's Award this week. Your hard work, attitude and commitment have been recognised — you should be very proud of yourselves!

Y10 Work Experience



Y10 students have taken part in work experience this week. We have received lots of positive feedback from employers, praising students for their excellent attitudes and maturity.

With our young people growing up quickly and moving closer to the world of work, this week has been a valuable opportunity for Y10 to experience workplace expectations and explore future pathways. We have loved receiving photos and comments from placements and parents, and some students have even been offered Saturday or holiday jobs as a result.

I still remember my own Y10 work experience — convinced dentistry was my future! Two weeks later, it helped me make

one of the best decisions of my life and become a teacher.

Y7 Positive Points Challenge



Y7 students who achieve 30 positive points or more from 2nd - 12th February will be invited to take part in a celebration afternoon. This is a great opportunity for our Y7s to be rewarded for making good choices. We're looking forward to celebrating their success.

Safeguarding In The Spotlight

Place2Be's CHILDREN'S MENTAL HEALTH WEEK
Next week is Children's Mental Health Week, an annual awareness week run by children's mental health charity Place2Be. The week exists to empower, equip and give a voice to all children and young people in the UK. The official theme for Children's Mental Health Week 2026 is 'This is My Place'

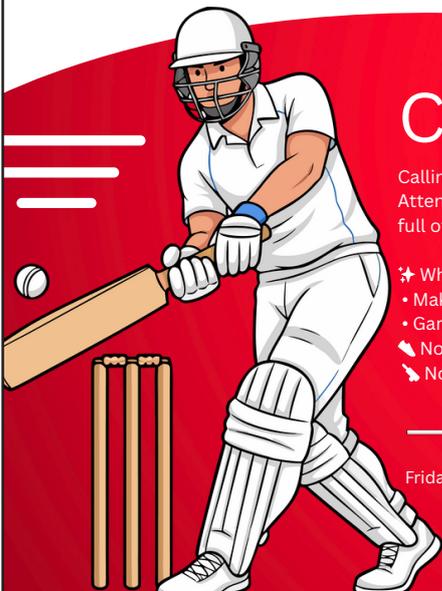
Top tips from children and young people on how to help them feel a sense of belonging that Place2Be mention in their pack include:

- taking the time to listen
- checking in and providing support
- being there and being happy

Place2Be have activity ideas for home and fundraising suggestions in the pack that is linked below. If students take part in any fundraising, please let us know so we can celebrate their efforts!

View the families pack that includes top tips for families, parents and carers, as well as lots of amazing fundraising resources and inspiration!

Enrichment Spotlight



Cricket

Calling students who love to run, hit, throw, and have FUN! Attend our Cricket Club and discover an awesome sport full of action, teamwork, and new friends.

- ✦ Why join?
- Make new friends and be part of a team
 - Games, skills, and loads of laughs
 - No experience needed
 - No pressure — just play

Fridays in the Sports Hall, 2:45-3:45

MFL in the Spotlight

Les fêtes de la Chandeleur



Earlier this week, a Y7 languages class enjoyed a delicious lesson celebrating Les fêtes de la Chandeleur.

La Chandeleur, also known as Candlemas, is a traditional French celebration held on 2nd February, when families make and eat pancakes. It's linked to history, tradition, and good luck.

Our Y7 had to order a crêpe in French from Mrs Lavelle's pop-up pancake shop! The class was so engaging and offered a fun way for students to learn about French culture alongside the language.



As part of this celebration, a very kind Y8 student made 44 pancakes for her class. We are so proud to have a community of considerate Cowleians.

Linguist of the Term



A huge well done to this Y9 student who has been awarded Linguist of the Term.

The award was presented by our Head of Department, Mrs Lavelle earlier this week, along with a certificate and prize, in recognition of outstanding effort, progress, and enthusiasm for languages. We're incredibly proud — keep up the fantastic work!

EDUCATION, HEALTH AND CARE PLAN (EHCP) ONLINE WORKSHOP

SOS!SEN

Delivered by Eleanor Wright,
SOS!SEN Legal Officer

This online workshop is for parent carers
of children/ young people with SEND

The workshop will cover

- What advice & information should be obtained during the assessment
- Timescales
- EHCP format & section-by-section content
- Discussion of a draft Plan with pointers on what to look out for
- Q&A session

Places are limited so booking is essential. Book your
place here

<https://forms.gle/ycGvjXG9rDY8TuR97>

ONLINE

Thursday
12th February or 26th February
10-12pm
6-8pm

CONTACT US ►

Email
listen4changebookings@gmail.com

Website:
listen4change.uk



MUSIC CENTRE



**FREE ensembles, bands and choirs
for all abilities at St Helens Town Hall**

MONDAY

VOCAL YOUTH 6:15-7:30pm

TUESDAY

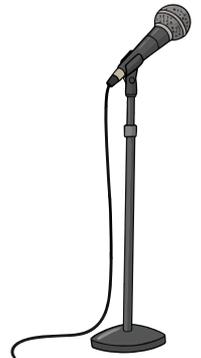
ROCK BAND 4:30-6pm

WEDNESDAY

BEGINNER ORCHESTRA 4-5pm

INTERMEDIATE ORCHESTRA 4-5PM

ST HELENS YOUTH ORCHESTRA 5:30-7PM



For more info ask your music
service tutor.

**To book your place email
musicservice@sthelens.gov.uk**



St. Helens Council
Music Service

SOUND! Music Hub

Supported using public funding by



**ARTS COUNCIL
ENGLAND**

REGISTERED CHARITY : 517144

11-18 YEAR OLDS

 YMCAStHelens

DISCOVER YOUR SPACE

YMCA ST HELENS

YOUTH HUB

Youth Hub
YMCA St Helens
College Street
St Helens WA10 1TF

WEEKDAYS:

- OPEN 4-8:15PM MON-FRI
- DROP IN - NO NEED TO BOOK
- FOOD AND DRINK
- A PLACE TO CHILL
- LOTS OF ACTIVITIES TO TRY

**GAME DESIGN, MUSIC,
DUNGEONS & DRAGONS,
SPORT, ART & MORE**

Youthwork@ymcasthelens.org.uk

01744 415260

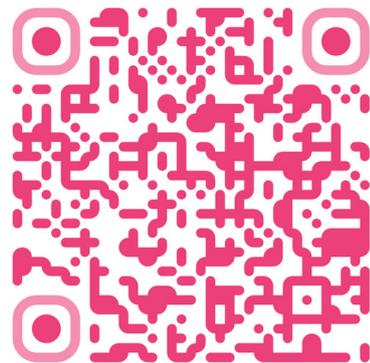
WEEKEND CLUB

SATURDAYS OPEN 1-8PM

SUNDAYS OPEN 12-7:30PM

SPORT, PHOTOGRAPHY,
COOKING, DIGITAL MEDIA
AND MORE.

SCAN THE QR CODE TO SIGN
UP OR JUST DROP IN



YMCA

Here for young people
Here for communities
Here for you

FREE

