

KEY EVENTS NEXT WEEK



Monday Y7-11 Celebration Assembly
Y11 Sixth Form Applicant Evening

Tuesday Y7 & Y8 Sportshall Athletics Event

Thursday Y13 Parents' Evening
New York Trip, 13th – 17th Feb

Friday Sixth Form Driving Taster Lessons
Break up for half term

Principal's Award



Congratulations to our Principal's Award winners for this week!

On Wednesday, the students enjoyed a celebratory breakfast and received their certificates for their excellent work and efforts.

Million Meal Miracle



On Wednesday, we welcomed Million Meal Miracle into the college. The team worked with our Y8 students throughout the morning to pack over 7000 meals that will be shipped to children around the world.

The students worked hard and really benefitted from the experience of teamwork and being altruistic

A huge thank you to Rotary St Helens who kindly sponsored this event and to the team at Million Meal Miracle for providing this opportunity.

NYC trip

This time next week I will be in New York City with students. Wednesday night was the final planning meeting and it's clear everyone is very excited about this trip of a lifetime. Whilst away, I will be updating our communications team with photos and news on our Facebook page.



100% attendance assembly



Last week, Mr Bennett conducted an attendance assembly to recognise and celebrate attendance achievement. There are only 5 days (or 25 lessons) left until we break up for half term. Please continue to support the College by sending your child in every day.

Sports success this week

Football: On Wednesday, we took a mixed Y10/11 team to play De La Salle. After a very close game, we ran out eventual 2-1 winners scoring the winning goal in the last 2 minutes of the game. As always with Cowley teams - outstanding attitude and behaviour was on show.

Rugby: A huge congratulations to our Y10 rugby team for achieving an impressive 5/5 wins this year! They've advanced to the St Helens Cup semi-finals and secured first place in their pool for the North-West Counties Cup!

Breakfast boost

The number of Y11 students attending the breakfast boost sessions each morning are increasing. This has been wonderful to see; this combined with attendance at Period 6 sessions is demonstrating our Y11s commitment to their academic aspiration.

Y11 Half term master classes

Monday and Tuesday of half term there is a Masterclass timetable for Y11 students to support them with their study. Students need to book onto sessions and the timetable and booking form has been sent to students and will be sent to parents/carers too. The masterclasses are not to replace the independent study that all Y11s should be doing, this is to provide students with experienced teachers to give them a boost. These two days are free to attend and will enable students to reach their academic aspiration.

I recently wrote to parents about private tutors, the link to this letter can be found on our website here.

Main entrance car park

The high school car park can become very busy during drop off and in an afternoon after College. Please do not use the car park unless your child has a disability, a main entrance pass, or you have a prearranged meeting at the College. We need to ensure the car park is safe and accessible for the students and families that require this area. Some helpful FAQs about drop-off and pick up can be found here

Admission Interviews for Cowley Sixth Form

Admission Interviews for Cowley Sixth Form start next Monday, 10th February, and appointment slots are filling up quickly. All applicants should have received an email with details of how to book their appointment via the online booking system.

Brand new Podcast

Cowley Sixth Form's Student Content Creators have started a Podcast -the trailer is out now and the first full episode should be released soon! Click on your preferred podcast provider to listen:

Spotify Apple Podcasts Amazon Music



STUDENT SPOTLIGHT



This week, we were delighted to hear about one of our students being selected to represent their country.

Footballer Cameron has been picked for the Scotland U17 squad for their double header of fixtures against Austria which will be played in Turkey on Monday, 17th and Thursday, 20th February.

Cameron, who is part of the Academy at Liverpool FC, is no stranger to the international set-up, having already won a number of caps for Scotland at U16 and U17 level.

He said: "Loads of people dream of representing their country and so it's amazing for me to have the opportunity to do so."

Everyone at Cowley is extremely proud of Cameron, and we wish him all the very best for the upcoming fixtures.



COWLEY
INTERNATIONAL COLLEGE



Y11 intervention

MONDAY

Maths - After School
Art- Lunch
Music - Lunch/After School
Hospitality & Catering, 11E - Lunch

TUESDAY

Geography- After School
Art- After School
Music- Lunch/After School
English - After School (11J)
Dance - After School
History - After School

WEDNESDAY

Music - Lunch
Chemistry - After School
French - After School
English - After School (11K)

THURSDAY

Religious Education- Lunch
Music- Lunch
Biology- Lunch (11J4)
Computing- Lunch
History - Lunch
Hospitality & Catering, 11E - Lunch

FRIDAY

Maths - Lunch
Physics - After School
Music - Lunch
Business - After School



REVISION SESSIONS YEAR 11 BREAKFAST boost

**YEAR 11, KICKSTART YOUR DAY WITH A
BREAKFAST BOOST!**

**GET A FREE BREAKFAST AND THE CHANCE TO
STUDY FROM 8:00-8:30AM IN THE LIBRARY
FOR ALL SUBJECTS**

SAFEGUARDING IN THE SPOTLIGHT

Safer Internet Week

As part of Safer Internet Week, we will be posting online safety content.

Here is a really useful page talking about WhatsApp - and the key things parents need to know:

<https://parentzone.org.uk/article/whatsapp>

Did you know: As of April 2024 the minimum age to use WhatsApp in the UK is 13. Previously, the requirement was 16.

This was one piece of advice from the page that stood out:

"You can't always control if you're added to a group chat; but remind children that they can always control their own participation within it – they can leave whenever they want to."

And this:

"In May 2023 WhatsApp announced that they would be introducing the ability for users to easily edit their messages for up to 15 minutes after sending.

Although messages which have been changed will be accompanied by an 'edited' note next to them, users will no longer be able to see what the message

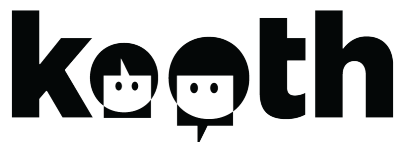
said previously.

It may also mean that children are more prone to send a hurtful message if they believe they can quickly edit it afterwards (and avoid repercussions)."

This page offers some great advice and it's definitely worth a read for all parents/carers whose child uses WhatsApp:

<https://parentzone.org.uk/article/whatsapp>





Supporting Mental Health: Introducing Kooth

Kooth is a free, online mental health service designed to support children and young people. Accessible 365 days a year, this service provides early intervention mental health support without the need for referrals or waiting lists.

Kooth is NHS-commissioned, clinically approved, and available for children aged 10 and above. It is the only digital mental health provider in the UK to hold a BACP accreditation, ensuring the highest standards of care.

We encourage all parents and carers to explore this valuable resource with their children, promoting well-being and mental health across our school community.

If you'd like to learn more, Kooth have produced an introductory video for parents and carers.

<https://vimeo.com/915913103> or visit <https://www.kooth.com/>

kooth

When things feel overwhelming...

- When things feel overwhelming **at home**
- When things feel overwhelming **at school**
- When things feel overwhelming **at college**
- When things feel overwhelming **at uni**
- When things feel overwhelming **at work**

Reach out to us.

[kooth.com](https://www.kooth.com/)

An illustration of a person with dark hair, wearing a purple shirt and pants, sitting at a white desk and using a laptop. The background is a light blue gradient with a stylized mountain range.

kooth

Whenever you're feeling...

Reach out to us.

[kooth.com](https://www.kooth.com/)

misunderstood

lonely

left out

a bit different

like you don't belong

An illustration of a person with dark skin and curly hair, wearing an orange shirt and pants, sitting on the ground with their hands on their head. The background is a light blue gradient with a stylized mountain range. Five white thought bubbles are floating around the person, each containing a feeling.