

PSHE Curriculum Overview for Sarah Cowley Building

Year 7-

Unit 1- Citizenship

Unit 2- Careers

Unit 3- PSHE Safety

Unit 4- PSHE Alcohol and Smoking

Unit 5- PSHE Relationships

Unit 6-PSHE Emotions

Unit 7- Hygiene

Year 8-

Unit 1- PSHE Drugs

Unit 2- PSHE Healthy Lifestyle

Unit 3- PSHE Keeping Safe

Unit 4- Careers

Unit 5- PSHE Wellbeing

Unit 6- Citizenship

Unit 7- PSHE Relationships

Unit 8- PSHE Sex Ed

Unit 9- Citizenship

Unit 10-PSHE- Keeping Safe

Year 9-

RE for Term 1a and 1b.

PSHE starts in term 2.

Unit 1- Careers

Unit 2- Citizenship

Unit 3- PSHE- Relationships

Unit 4- PSHE Sex ED

Unit 5- PSHE Alcohol and Addiction

-RE for 6 Lessons

Unit 7 -PSHE Gambling

Unit 8- PSHE Knife Crime

Unit 9- PSHE Wellbeing

Unit 10- PSHE Relationships

Year 10-

Unit 1- PSHE Relationships

Unit 2- Careers

Unit 3- PSHE Alcohol Misuse

Unit 4- PSHE Relationships and Sex Ed

Unit 5- Citizenship

Unit 6- PSHE Healthy Lifestyle

Unit 7- PSHE Keeping Safe