



**COWLEY**  
INTERNATIONAL COLLEGE

# YEAR 11 NEWS

The Year 11 students have already completed one half term and they are nearing the end of their second half term. The students have around 16 school weeks left until the GCSE examination season begins. The hard work is well and truly underway; therefore, I would like to take this opportunity to acknowledge the achievement of our students so far this year and some important information about the upcoming mock rehearsals.

## Year 11 Achievement

The attitude of the students since returning in September has been wonderful. So many students are going above and beyond, putting in 100% effort every lesson. The good work of these students is always recognised by their teachers and staff around the school. I would like to highlight some students who are currently the top achiever in their team; Beth M (11En1), Helin K (11En2), Susanna P (11Ma1), Mattie C (11Ma2), Chloe F (11Ma3), Daisy W (11G), Morgan P (11I), Alexis P (11R), Kallie B (11V), Abbie M (11W) and Emma P (11Y).

## Head of Achievement Award

Each week, the Year 11 students are set a target to try and accrue as many achievement points in a specific area as possible. During this term, the following teams have won the Head of Achievement Breakfast for demonstrating the following: 'Most Strong Starts' – 11Ma1 and 11Ma2, 'Most Independent' – 11Ma3, 'Most Considerate' – 11R, 'Most Aspirational' – 11V, 'Most Star of the Lesson Awards' – 11G, 'Most GCSE PODs Streamed' – 11En2. All students within these teams have enjoyed a luxury hamper being delivered to their teams on a Friday morning with croissants, pain au chocolat, breakfast muffins, cereal bars and fruit.

## Principal's Award

Mr Cormack has had the pleasure of

sharing his 'Principal's Breakfast' every Wednesday with several of our Year 11 students who have stood out from the crowd with their outstanding behaviour and achievement during this term.

Students have included Jaden D, Keiron W, Kassie C, Connell F, Emily P, Alexis P, Katie H, Teegan J, Emma P, Brenno A, Grace M, Michael A, Helin K, Emma C, Alfie M, Shannon A, Kacey G, Cerys F, Terrell B, Josh R, Alfie S and Daisy W. These students should be exceptionally proud of themselves.



## Year 11 Ambassadors

We held our much-anticipated Ambassador ceremony at the end of year 10 which saw our Head Boy - Bertie W, Head Girl - Gabbie T, Deputy Head Boys - Stefano K and Harvey B, and Deputy Head Girls - Shannon A and Susanna P, as well as 37 Ambassadors receive their certificates and badges for their new roles around Cowley College. It has been wonderful to witness these students fulfil their roles from the get-go this year. Events they have recently been involved with include governor meetings, daily duties in and around school, open evenings and parents evening. I would just like to take this opportunity to thank the students for their continuous efforts with supporting the staff and students around our school.

## Beauty and the Beast

Last half term also saw the cast of Beauty and the Beast work tirelessly during production rehearsals and putting on a fantastic show for both family, friends

and staff. Several students from our year group wowed the audience with their performances. A massive well done to all of our Year 11 students involved.

## Rehearsal GCSE Examinations

The December GCSE Rehearsal Examinations begin week commencing Monday 5th December. Please find a timetable attached. I would encourage all students and parents to review this in order to help students manage priorities, general organisation and preparation. The rehearsal examinations will allow students to experience the examination procedures that will be expected of them in their summer examinations. Therefore, attendance is compulsory to every exam and lateness to an exam will result in the student being refused entry.

## Revision

Evidence shows that the discipline of self-study is the key factor in GCSE success. The recommended self-study for the rehearsal examinations is 30 minutes per day. Many resources have been produced to support students in their examination prep. Every student will have access to a revision list for each rehearsal examination in their revision booklet; a revision guide for every GCSE subject and access to applications such as, GCSE POD, Maths Watch and Educake. Relevant resources can also be accessed via the Year 11 Hub on the college website: [www.cowley.st-helens.sch.uk/year-11-hub](http://www.cowley.st-helens.sch.uk/year-11-hub).

I would like to wish every Year 11 student the best of luck for their rehearsal examinations.

If you or your child require any further information, please do not hesitate to contact the Year 11 Team.

## Mrs L Chadwick

Year 11 Head of Achievement

# COUNT UP TO GCSE'S

## Phase 3 March - Exam season

2 hours of revision

Keep going! By the end of Phase 3 you will be fully prepared and ready to tackle your Year 11 GCSE's.

Good Luck!

## Phase 2 January & February

1 hour of revision

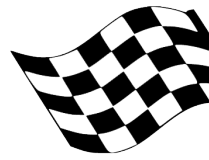
By the end of Phase 2, 300 lessons will have been completed!

You've got this!

## Phase 1 November - Christmas

30 minutes of revision

100 days / 20 weeks  
500 lessons until GCSE exams!



EXAMINATION SEASON BEGINS



Assessment Prep Week  
17th April  
24th April



EASTER HALF TERM  
& EASTER MASTERCLASSES



Assessments  
20th March  
27th March



gcsepod

POD Week  
6th March  
13th March



Study Week  
20th February  
27th February



Assessments  
30th January  
6th February



gcsepod

POD Week  
16th January  
23rd January



GCSE Rehearsal Exam Results Day  
9th January

Prom Passport Launch  
4th January



Study Week  
4th January  
9th January



Rehearsal Exams  
5th December  
12th December



Study Week  
28th November



gcsepod

POD Week  
14th November  
21st November

# GCSE REHEARSAL TIMETABLE

Week A		Periods 1&2	Periods 3&4	Period 5
Monday	5 <sup>th</sup> Dec	English Language (1h 45)	Biology (1h 15) Separates 1h 45	
Tuesday	6 <sup>th</sup> Dec	Maths (1h 30)	Chemistry (1h 15) Separates 1h 45	
Wednesday	7 <sup>th</sup> Dec	English Literature (2h)	Physics (1h 15) Separates 1h 45	PE (1hr) Dance (1hr)
Thursday	8 <sup>th</sup> Dec	Geography (1h 30)	French (1h 45) Higher 2h 15	Y10 & Y11 Health (45 min)
		History (1h 45)	Mandarin (1h 45) Higher 2h 15 Construction (1h)	
Friday	9 <sup>th</sup> Dec	Maths (1h 30)	Computer Science (1h 30) Engineering (1h) Animal Care (1h)	
Y11 - Week B		Periods 1&2	Periods 3&4	Period 5
Monday	12 <sup>th</sup> Dec	Art (2h) *classroom	Business (1h 45) Construction (1h)	<b>Y11 EXAM CATCH-UP</b>

## TIPS FROM FELLOW STUDENTS

We asked your fellow students what helps them to revise for their exams. Here's what they said.



1

### PACE YOURSELF

Try not to revise everything at once. Give your mind time to take in what it is you are revising.

2

### SET GOALS

Whether you set yourself a time goal or an amount of work to complete, it is important to challenge yourself.

7

### TEST YOURSELF

By testing yourself with questions, you are making sure you fully understand what it is you are revising.

8

### NO DISTRACTIONS

Revise in a quiet place where there is nothing to distract you.

3

### ORGANISE WORKLOADS

Organise your time properly by creating a timetable of subjects to revise. Don't forget to include suitable breaks.

4

### NO LATE NIGHTS

Don't start revision late at night. Make sure you have a good sleep of between 7-9 hours every night, helping you to have a relaxed and well-rested mind and body.

9

### REWARD SYSTEM

Reward yourself after revision to keep you motivated.

10

### CREATE A HOMEWORK CORNER

Set up a comfortable place at home where you can relax and revise at the same time.

5

### USE SUMMARY PODS

For short bursts of revision, the Summary Pods are a great way to help you remember the key pieces of information.

6

### LISTEN TO MUSIC

Calm music can help you to de-stress or focus when you're stressed.

11

### USE COLOURS

Highlight key points which you need to stand out during revision.

12

### DON'T LEAVE IT UNTIL THE LAST MINUTE

Leaving revision until the last minute will add unnecessary stress to your workload. Start sooner rather than later.





# HE'S REVISING. ARE YOU?

