



YEAR 7

Dance

Miss Radford

Name:

What are the 5 basic Dance actions?

1.
2.
3.
4.
5.



Provide a short definition and a simple example of each one:

E.g. **Gesture** - A movement with a part of the body. E.g. wave, nod, kick.

1.
2.
3.
4.
5.

Name four dynamics:

E.g. **Powerful**

1.
2.
3.
4.

Link an appropriate dynamic with an action:

E.g. **Powerful Kick?**

5.
6.
7.
8.
9.

DANCE TERMINOLOGY WORDSEARCH. Find the words in the word search.

E U J F S S E N L L I T S R F
O B B N O S I N U Q L K S O Y
G O A Y O G T O K E O E R R I
T N L U L E V E L S C M U U N
Y O A G G E D J O A A J P A O
S K N W I Z G U P T Q P M H I
Z B C M K J U S I B V Z E N S
R R E P I T I O N S X O T A N
K T U R N U N R D Q W B D A E
B L D O F Y C E R U T S E G T
E F F N R A V Z J X N A K N X
I Z W X H I S U C O F X L Y E
L H T S C D M N N R M J C U U
X K Q E G P M A E K Y K D I O
V M W D Q D C S V K Q E R Q J

JUMP
TURN
STILLNESS
BALANCE
GESTURE
SPACE
FORMATION
DEVICE
CANON
UNISON
LEVELS
FOCUS
EXTENSION