

Building Brick Play Therapy Group Information Sheet

Play therapy groups focus on building peer interaction and social skills. These are skills that may be difficult for children with autism to develop and these groups are designed to support the development of these skills. The groups can be a place to practise a variety of skills including:

- Turn taking
- Eye contact
- Sharing
- Waiting
- Problem solving
- Listening
- Giving instructions / following instructions
- Checking on understanding
- Peer interaction / working as a team
- Asking for help/ asking questions
- Developing verbal and non verbal language etc.



In each group have a builder, supplier and engineer. Additional roles can be included depending on the number of children present for example with roles such as director, observer etc. Adults act as a facilitator for example by suggesting compromises, supporting positive interactions and keeping the groups on track.

At the beginning of each group, go through the rules of the group. These may vary depending on the group. It may be suitable for the children to set their own rules with the support of an adult.

Choose a builder, engineer and supplier.

Instructions with pictures be given to the engineer. The engineer is to use these pictures to tell the supplier what pieces are needed first. The engineer will then tell the supplier to pass the pieces onto the builder. The engineer then tells the builder where the pieces go. It may be suitable to design your own instructions or decide on a building project together. Roles can be swapped in the group. Once the model is built, allow time for the team to play with the model.

For further information see: <http://asdaid.org/lego-and-asd/lego-therapy>